

Proudly Serving the
Residents of Somerville
since 1917

Somerville Recreation Fall/Winter 2009-2010 Mayor Joseph Curtatone



Somertime Day Program

This fun filled program will fill up FAST! This program is sure to keep your child busy during vacation with a wide range of sports games, board games, and arts & crafts. Cost is \$80.00 per child, children ages 5-13. This program will be held at the West Somerville Neighborhood School from 8:30am-4:30pm

Tuesday through Friday during school vacation weeks in February and April.

Tot Time Program for Preschool Children

A 10 week program held at the Recreation Building designed to foster interaction between children through a variety of activities including free play, weekly themes, art & crafts, story time, outdoor play and more! Ages: 3 & 4 yrs

Two Sessions: Monday & Wednesday mornings, 8:30-11:00 am

Tuesday & Thursday mornings, 8:30-11:00am

Cost: \$200.00 per session

Middle School Sports Challenge

This is our second year running our Somerville Recreation Middle School Sports Challenge. Somerville Recreation plans to run 7 different events that will have a point system. Each middle school will compete in the following areas: sportsmanship, wins & loses, and participation. Events will include: Flag Football, Indoor Soccer, Basketball, Swim Meet, Indoor Track Meet, and Outdoor Track Meet.

This program is for boys and girls grades 7 & 8.



Programs for Youth



Children's Ceramic Classes

Grades 5 and above Time: 1:00 –3:00 PM on 1/2 day Wednesdays
Grades 1,2,3,4 3:00 –5:00 PM on Full day Wednesdays **Cost \$3.00 per class**

Girls and Boys Basketball Clinics (starts September 29) Grades 5th, 6th, 7th and 8th

Monday and Wednesday Nights for Boys
Tuesday and Thursday Nights for Girls
Topics Covered: Stretching and Conditioning, Ball Handling (Passing and Dribbling), Shooting, Rebounding, and Individual Team Defense.



Saturday Basketball League (SYL) for Boys and Girls ages 7 thru 14 at Somerville High Field House

Registration November 7th Cost is \$50 for players who need shirts, \$30 for players who do not.

Open Volleyball grades 7 and up at the Healey School Gym at 6:15 PM Tuesdays beginning September 29th.

Open Gym Mondays at Healey School Thursdays at Winter Hill School
Grades 6 to 8 6:15 PM to 7:45 PM
Grades 9 to 12 8:00 PM to 9:30 PM



Friday Night Club Ages 10-14

Begins: Oct 2, 6:00 PM to 9:00 PM
Fun Activities includes Bowling, Movie Night, Pottery Gimp, Board Games etc.
Contact : epieroni@somervillema.gov

Fall Babysitting Course

Offered Wednesdays for (5) weeks beginning October 21, 2009 and ending November 18, 2009.
Boys and Girls ages 11-18 Cost: \$38.00 (to include Red Cross Certification Card)

Somerville Community Explorations - Mondays 3-5 pm @ Youth Program ,165 Broadway
Get involved in your community! Volunteer, explore youth opportunities and career paths. Working with the Health Department and the Youth Program discuss issues that impact youth and how you can make a difference. We will explore topics through games, field trips, and discussion. Snack will be provided.
For more information, please contact Nancy Bacci @ 617-625-6600 x3314 or Patty Contente @ 617-625-6600 x4325

MTV and Me

Okay , so you want to be a singing star ? Join this group and we will develop your vocal range, your stage presence, and your confidence. If you know you can sing and perform but you are shy.....JOIN THIS GROUP !!!



For information on MTV and Me and Class Clowns

Contact: Jim Delponte

Jimmyde@rcn.com

SEASON # 2 !!!!!
We are looking for a few more crazy kids to act out funny skits and sing silly songs.
Open to 5th 6th 7th 8th AND 9th graders !
Learn improvisation and comedy techniques !
Be part of a proven exciting comedy troupe!
We'll sing silly songs, do funny stuff, and have a lot of fun !
We will perform around the city (and on cable TV)



Adult Programming



Men's Basketball 18 and Over, 10 game Schedule Entry fee is \$125 per season. 10 game Schedule and playoffs teams must have reversible shirts.

Men's Flag Football 5 on 5 Run and Gun

Must be 18 or over to play, Sunday mornings Capuano Field Cost \$300 per team

Ceramics 6:30 to 9:30 Cost: \$35.00 registration fee
Monday nights 6:30 PM to 9:30 PM
Wednesday Mornings 9:30 AM to 12:00 PM

Creative Crafts

Tuesday Nights 6:00 to 9:30PM Cost: \$10.00 (registration fee) and cost for all materials.

Yoga/Fitness Fall 2009

10 weeks \$60.00 Time 6:30 PM to 8:00 PM you will need (yoga mat or beach towel, water bottle, and an open mind)
Tuesday Evening, Kennedy School Oct 6, 13, 20, 27, Nov 3, 10, 17, 24, Dec 1, 15
Thursday Evening, West Somerville School Oct 1, 8, 15, 22, 29 Nov 5, 12, 19, Dec 3, 10
Contact: dcallahan@somervillema.gov

Salsa Dancing

Baila Cardio Latin Dancing starts
Monday October 5 or Wednesday October 7th (two nights)
6:30 to 7:30 at the Edgerly on the corner of Cross Street.
20 dollar registration fee

Programs for Children **at** **Capuano Early Childhood**

C.A.P (Children at Play)

Age appropriate physical activities program for pre-school, please contact the Capuano school administration.

Art a la Cart

Pre K/K1 Art/ Craft Enrichment program, please contact the Capuano School Administration.

Winter Clinics **after the Christmas Vacation**

Soccer Clinics at the Winter Hill

Starts in January, basic soccer skills taught by Somerville High Soccer athletes, and Women's soccer players from BU.
Ages 5 thru 15.
Keep in shape for the Spring season!

For Park permits call Recreation or go online.
<http://www.somervillema.gov>



To check for Cancellations call
617-629-1900



● **October 17th: All American City celebrations (5-9 pm)**

At the Armory on Highland Avenue



● **October 3rd: Riverfest (4pm-10pm)**
fireworks, games
Mystic River, Assembly Square



Davis Square's Oktoberfest
Sunday October 4th
12noon to 6pm
come celebrate Oktoberfest in
Davis Sq.
Somerville Davis Square's
first Oktoberfest!



October 10-12:

HONK Festival

(Davis Square, Numerous Events)

6th Annual Halloween Stroll Oct 25

A costume parade starting in Davis Square, ending at Lexington Park for fund and games. Free fun for all ages.



Helpful Links

empowerment www.teenempowerment.org

Som Pop Warner www.popwarner.com/admin/massachusetts

Somerville Youth Soccer www.oursysl.org

Elizabeth Peabody House eizabethpeabodyhouse.org

Somerville Little League www.somervillelittleleague.org

Somerville Youth Hockey www.somervilleyouthhockey.org

Somerville YMCA www.ymca.net

Centro Presente www.cpresente.org

Somerville Recreation Commission
19 Walnut Street, Somerville Mass, 02143

Phone 617-625-6600 x2980

Email recreation@somervillema.gov

<http://www.somervillema.gov>

Mission Statement: The Recreation and Youth Commission operates year-round programs throughout the City's public facilities, playgrounds, schoolyards, and various other locations to promote positive and healthy activities. Recreation and youth were merged in 2003 specifically designed to create curriculum and activities that encourages community awareness in the City's young people. The Commission serves as a Youth Advocate, providing access to related services, employers and organizations within the City. The Youth and Recreation Commission exists to enrich the lives of youth by identifying, improving, increasing, and providing services and programs for youth in the City of Somerville.