

Proudly Serving the
Residents of Somerville
since 1917

Somerville Recreation

Summer 09

Mayor Joseph Curtatone



Somertime Day Program

This fun filled program will fill up FAST! Creative and flexible scheduling a variety of new activities will allow participants the opportunity to choose daily experiences such as swimming specialized art classes and more. Weekly field trips and low ratio of participants/staff add up to a safe summer to remember! Breakfast and hot lunch are served daily.

West Somerville Neighborhood School

Six one-week sessions - 8:30 AM to 4:30 PM - Price \$100 dollars per week

Boys /Girls Ages 5 thru 13 call for additional info/ Handbook July 6-August 14

88th Annual Track Meet

Distance runs, dashes, hurdles, high jump, long jump, shot put, relay races, and this year new, Javelin. Boys and Girls grades 4 thru 8, participate for your school, buses will pick students up at their respective schools. **Opening Ceremony 6:00 PM, Friday June 5 at Dilboy Stadium, open registration May 4 thru June 1, 2009. More information will be available through your respective school.**

Kidstop

Tufts Park at Powderhouse Circle

July 6 thru August 12 9:00 AM -11:30 AM Mon/Wed or Tue/Thurs Sessions

Boys/Girls ages 3 thru 6 Cost \$100.00

The program offers children activities such as, group games, arts and crafts, weekly themes, a parent or guardian must accompany children for all sessions.

Sport Clinics

All sports clinics will provide lunch at conclusion of clinic

Youth Football Clinic

Somerville's own: Gosder Cherilus former Somerville High and Boston College football player, now with the Detroit Lions, will be holding a clinic for boys and girls 5 thru 13 at Dilboy Stadium **July 7 thru 10th** \$5.00 includes a shirt. 9:00 AM to 12:00 PM

Mass Youth Soccer Clinic

Dilboy Stadium- 9:00 am-12:00 pm **July 13-17 and July 20-24** Two /one week sessions Boys/Girls 7-14 yrs. Cost: \$10.00 per week. This program will provide a positive soccer experience for all boys and girls in our community. Licensed Mass Youth Soccer coaches with Somerville Recreation staff focus on fundamentals of soccer skills. **COME JOIN THE FUN!!!**

Baseball/Softball Clinic

Trum Field **6/29-7/3** 9:00 am-12:00 pm
AGES: Boys/Girls ages 5-16 years COST: \$50.00
Includes Camp T-Shirt . Somerville High School boys baseball and girls softball coaches bring their expertise to Somerville Recreation this summer for a great baseball/softball clinic. This clinic will give boys and girls an opportunity to perfect their fundamental skills. For example: Throwing, catching, and batting.

Golf Clinic

Dilboy Stadium **7/13 thru 7/17**
Ages 7 to 13 9:00 AM thru 12:00 PM
Boys and girls will learn the fundamentals of golf under the direction of SHS Golf Coach Jay Hart. Everyone will have fun while learning grip, stance, set up, swing, and much more. Will travel to Stone Meadow for a tee time. Golf clubs will be provided if students need them.

Track Clinic

Dilboy Stadium **7/27 thru 7/31** 9:00 AM to 12:00 PM Boys and Girls ages 7 to 14 Cost \$10.00
This program under the supervision of SHS and Mass State Coach of the Year Dave Dickerson as well as SHS track athletes. Will learn the basics of track and field elements.

Highlander Soccer Clinic

8/17 thru 8/21

Under the direction of SHS boys soccer coaching staff and athletes. This program will focus on fundamental soccer skills such as dribbling, passing, trapping, and shooting. The boys and girls will not only learn with drills, but also small sided games. Somerville boys soccer team and coaches are working together with Recreation. Proceeds to go directly to SHS boys soccer team as a fundraiser. All players and coaches will be volunteering their time for this wonderful program.

Cost: \$50.00 Ages: 5-13

Boys/Girls Basketball Clinic

Somerville High School **Aug 3 thru 7** 9:00 AM to 12:00 PM
Ages 5 to 14 years old . Cost \$50:00 Under the direction of the SHS Basketball Coaches and Players. The clinic teaches boys and girls the basic skills of basketball.

Advanced Baseball Clinic

Trum Field **8/20 thru 8/24** ages 10 to 18 Cost: \$50.00
Focus is on intense baseball training. Focus on pitching, running, specialized base running, batting, bunting, throwing and fielding.

Speed and Conditioning Clinic

Wednesday Evenings **July 2 to Aug 12** 5:00 to 7:00 PM at Dilboy Stadium
Middle/High school boys and girls who are interested in preparing themselves for the upcoming fall season.
Full week program 8/17 - 8/21 Cost \$25

Special Programs

NFL High School Development

This program addresses the issues that face high School football programs in underserved communities throughout the US. HSPD provides incoming sophomores through seniors a program that focuses on academic counseling, character development and football skill training by position . Each participant gains full awareness of what is necessary to become a successful collegiate student athlete **Aug 10 thru 14 Cost free**

Family Fitness **Wednesday mornings from 9:00 AM to 11:00 AM** Parents and young children can play together and socialize with other families. You can walk or jog on the track, or play ball games on the Turf field . Cost \$5.00 per family

Fitness Bootcamp **May 11 thru June 5** Under the direction of physical fitness guru, Makonnen Fenton this program will focus on circuit training such as jump ropes, push-ups, sit-ups, etc. Guaranteed to improve cardio vascular stamina, muscular strength, and stress relief. Biggest Loser contest win FREE ipod for beginning the biggest loser in this program!! **Mondays, Wednesdays, and Fridays 7:00-8:00pm Cost: \$120. residents \$60. City employees.**

Girls and Boys Basketball Leagues

A 5 week summer league running from late June through mid August. The league is held on Tuesday and Wednesday evenings from 5:30-8:00 pm. The leagues focus is on playing games: there will be a few nights of player evaluations, then all players will be placed on teams. Boys play at the Kennedy Courts, and Girls play at Trum Park. Cost: \$10.00 includes a T-Shirt.

Ceramics

Recreation Dept. 19 Walnut Street Wednesday Afternoons 7/7,14,21,28

1:30 pm-3:30 pm Boys/Girls ages 8- up

COST: \$3 per session (includes piece, paints , supplies and a snack) Somerville Recreation Staff

SPARKS

summer program at the Kennedy School **July 6-August 15** from 8:30-3:00 for School Age Youth with Disabilities. Activities to include Swimming, Sports, Games, Arts, and Community Trips. Cost: **FREE**

Project Star 2009 Summer Theatre Camp

A 6 week theatre camp starting July 6 thru Aug 10, ending with performances on Friday Aug 14 and Saturday Aug 15.

Cost is \$150 for summer, Location Somerville High School and other venues. Camp is Monday thru Thursday, 9:00 AM to 12:30 PM followed by free lunch.

Grade Levels: 6 thru 12

Description: The purpose is for boys and girls to be introduced to how a theatrical performance is done from auditions to show time.

Information and Upcoming Events

4th Annual Harbor Cruise
 Saturday June 20th 4 to 7PM
 Marriot Hotel Long Wharf Pier
 \$20/pp

To benefit the Somerville Youth and Recreation Foundation
 DJ, Dancing, Prizes, Red Sox Ticket Raffles and Fun



Memorial Day Parade
 Saturday May 24 10:00 AM
 Starts at Somerville High School Concourse
 To

Somerville Veterans Cemetery
 A day to honor the men and women who gave the ultimate sacrifice and to thank our veterans and those now serving in the armed forces



ArtBeat July 17 and 18 Davis Square
 2009 theme: Somerville Of the Future

What will Somerville look in ten years? One hundred years? A million years? The only limit is your imagination.



Independence Day Fireworks
 Thursday July 2nd 5 PM
 Trum Field



Family Fun Day
 Saturday June 27
 Trum Field
 Rides, Cookout, games



Somerville Library Centennial Celebration
 Saturday May 30th
 Main Branch



Jazz/Blues Festival
 (Davis Square)
 Saturday June 20th
 1:00 PM to 9:00 PM

Sunsetters
 auditions/rehearsals
 begin
 in June
 Contact Jim DelPonte
 Jimmydel@rcn.com
 x2616

Helpful Links

Teen Empowerment www.teenempowerment.org
 Som Pop Warner www.popwarner.com/admin/massachusetts
 Somerville Youth Soccer www.oursysl.org/
 Elizabeth Peabody House eizabethpeabodyhouse.org

Somerville Little League www.somervillelittleleague.org/
 Somerville Youth Hockey www.somervilleyouthhockey.org/
 Somerville YMCA www.ymca.net/
 Centro Presente www.cpresente.org/

Somerville Recreation Commission
 19 Walnut Street, Somerville Mass, 02143
 Phone 617-625-6600 x2980
 Email recreation@somervillema.gov
<http://www.somervillema.gov>

Mission Statement: The Recreation and Youth Commission operates year-round programs throughout the City's public facilities, playgrounds, schoolyards, and various other locations to promote positive and healthy activities. Recreation and youth were merged in 2003 specifically designed to create curriculum and activities that encourages community awareness in the City's young people. The Commission serves as a Youth Advocate, providing access to related services, employers and organizations within the City. The Youth and Recreation Commission exists to enrich the lives of youth by identifying, improving, increasing, and providing services and programs for youth in the City of Somerville.