

# CAREGIVER SUPPORT GROUP

Caring for a parent, relative, spouse or close friend?  
Feeling isolated or overwhelmed?

## YOU ARE NOT ALONE.

Come share experiences and practical support.

**When:** Third Tuesday of the Month  
6:00 – 7:30 p.m.

**Where:** Somerville Council on Aging  
167 Holland Street, Somerville

**New members welcome. If you have questions or are interested in joining, call 617-625-6600, ext. 2300 and ask to speak with Suzanne.**

<http://www.somervillema.gov/departments/council-on-aging>  
[www.facebook.com/somervillecoa](http://www.facebook.com/somervillecoa)

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