

*The Somerville Council on Aging presents*

## The Diabetes Support Group



6 Wednesdays starting September 4<sup>th</sup>  
2:30pm-3:30pm  
Holland St. Center  
167 Holland St.  
Somerville, MA 02144

Have you recently been diagnosed with diabetes or have you been living with diabetes for a while? Please join our Nutritionist Caitlin and Social Worker Natasha as they explain common myths and facts about diabetes and discuss strategies to help manage your diabetes in a supportive group environment.

To sign up please call Natasha at 617-625-6600 ext. 2317.