

Somerville Council on Aging

Please join us on ****Wednesday, December 8th at 10:00 am****
and ***Tuesday, December 21st at 11:30 am*** at
the ***Holland Street Senior Center*** for an Interactive Senior
Friendly Body Movement Show.



Marcus Santos from *Grooversity Global Drumming Network* will lead this hands-on interactive, multicultural show, showcasing a friendly body movement adaptation of traditional rhythms and dances from different countries. The audience becomes part of the show that includes the use of friendly body movement, technology and cultural diversity awareness.

Grab n' Go Lunch available following the performance

To join the fun, please RSVP to Debby at 617-625-6600 ext. 2321 or email dhiggins@somervillema.gov



This program is supported in part by a grant from the Somerville Arts Council, a local agency which is supported by the Massachusetts Cultural Council.

****Please note the location has been changed from the Ralph & Jenny Center to Holland Street****