



Public Health
Prevent. Promote. Protect.



Mayor Katjana Ballantyne

Call 311 at 617-666-3311

City of Somerville Health and Human Services

If you are affected by community violence, or if you've had a traumatic experience, needing to talk to someone or reaching out for help is normal and OK. Here are a few ways to reach out:

- You may wish to reach out to friends, family, or neighbors to check in.
- The City of Somerville Department of Health and Human Services has clinical staff that can support you if needed. Please use the online referral form at somervillema.gov/support or call 311 at 617-666-3311.
- The Samaritans hotline can also be reached seven days a week, 24 hours a day by dialing or texting 988.
- Visit somervillema.gov/MentalHealthSupport for more resources on how to navigate traumatic events for yourselves and loved ones, or scan the QR code below. Or call 311 at 617-666-3311 for assistance.

somervillema.gov/MentalHealthSupport



311 or 617-666-3311



Need accommodations? Please contact Adrienne Pomeroy in advance at 617-625-6600 x 2059 or apomeroy@somervillema.gov.