



About Shape Up Somerville Internships

Internships at Shape Up Somerville are project-based and are largely self-directed. Interns meet with Shape Up Somerville staff on a weekly basis (or other schedule that is mutually agreed upon) to check in about project progress, questions, upcoming steps, and other relevant topics. Interns are welcome to experience other aspects of Shape Up Somerville where possible and appropriate by attending meetings, assisting with events, or otherwise connecting with constituents and community partner organizations.

Below is the Shape Up Somerville internship project menu, arranged by semester available. Each project has sample guiding steps to illustrate some of the possible project deliverables.

How to Apply

Please submit a cover letter and resume to sus@somervillema.gov. If you are interested in applying for more than one project, please include a separate cover letter for each. If you would like to suggest a project, please also lay out the goals and steps for successful completion. Please address the following questions in your cover letter:

- Which initiative are you interested in and why? Why are you interested in Shape Up Somerville?
- What relevant experience, knowledge, interests, or skills do you bring to this internship?
- What is your availability to work on this project?

Shape Up Somerville will set up an interview to finalize internship decisions. Most decisions will be made by the end of the prior semester (ie: for Spring internships beginning late January, decisions will be finalized early December) and removed from this list. However, if a project below is not filled in that timeframe but still desired, it will remain open until filled.

Summer (May—August) 2016 Opportunities

1. Hands-on help for The Somerville Mobile Farmers' Market (SMFM)
 - a. Consistently volunteer at the market sites on a weekly basis (Fridays and / or Saturdays)
 - b. Consistently volunteer at produce aggregation site on a weekly basis (probably Thursday afternoons)
2. Impact story for Wholesome Wave publication
 - a. Interview SMFM customers for multimedia testimonials using text and video, photo, or other method
 - b. Prepare compelling multimedia impact story for publication on the Wholesome Wave website

Fall (September—December) 2016 Opportunities

1. Hands-on help for the SMFM
 - a. Consistently volunteer at the market sites on a weekly basis (Fridays and / or Saturdays)
 - b. Consistently volunteer at produce aggregation site on a weekly basis (probably Thursday afternoons)
2. Impact story for Wholesome Wave publication
 - a. Interview SMFM customers for multimedia testimonials using text and video, photo, or other method
 - b. Prepare compelling multimedia impact story for publication on the Wholesome Wave website
3. Shape Up Approved Restaurant Program promotion and evaluation
 - a. Help promote the program (graphic design experience helpful, Nutrition Communications students particularly encouraged to apply)
 - b. Create and implement a program evaluation and offer recommendations for program improvement